



TEAM IOWA 2023

Competitive tackle team opportunity for 6th, 7th and 8th grade players

\$50 Tryout Fee covering all tryouts (register for tryouts at hofakc.com)

\$350 Season Fee per player

Fee includes equipment, practice fees and tournament fees

Players will be coached by Team IOWA staff. This is a competitive state tournament team so playing time is not guaranteed.

Questions?

Please contact Team IOWA Director

Mike Thomas

mthomasvhs83@gmail.com

515-528-6588

teamiowafootball.com

Tryouts:

June 25 - Tiger Field (Valley High School)

7:30-8:45pm (non-padded)

3640 Woodland Ave. West Des Moines, IA 50265

August 6 - Metro Youth Football

6:30-7:45 pm (non-padded)

1100 Ahearn Dr. NE Cedar Rapids, IA 52402

August 13 - Council Bluffs Lewis Central High School

6:30-7:45pm (non-padded)

4121 Harry Langdon Blvd Council Bluffs, Iowa 51503

*please attend at least one non-padded tryout, players do not need to attend all of the non-padded tryouts

Padded Tryouts - **September 24 & October 22**

6:00-7:45 pm

Tiger Field (3640 Woodland Ave. WDM, IA 50265)

(Oct 22 tryout will be the final tryout & players must be present to make the team, parent meeting to follow)

Teams will be announced October 23

Practices:

All practices are padded

Tiger Field (3650 Woodland Ave. WDM, IA 50265)

Oct. 31 & Nov. 2 6-7:30, Nov. 5 3-5 pm, Nov. 7 & 9 6-7:30 pm & Nov. 12 3-5 pm

Nov. 14, 16, 21, & 24 6-7:30 (parent/player meeting to follow practice on Nov. 16)

Nov. 26 3-5 pm, Nov. 28 & 30 6-7:30 (parent/player meeting to follow practice on Nov. 30)

Tournaments:

November 11-12 HOFAC Regional - West Des Moines, Iowa

November 18-19 Tulsa Nationals - Tulsa, Oklahoma

December 3-4 HOFAC Tournament - Kansas City, Missouri